

PHYSICAL DEVELOPMENT OUTDOORS – OUTDOOR AUDIT SHEET

Adapted from the DFE's Early Years Outcomes guide, page 10 onwards

Use this sheet to audit your CURRENT PROVISION for physical development outdoors. Try to audit the outdoor space on several different occasions, so that you capture how it is used at different times of day, in various weather conditions and by different groups of children. Think about the *potential* of the space and record what *could* happen, even if it currently isn't happening.

- What are children doing to develop their physical skills and capabilities?
- What resources or spaces or features are they using?

Moving and handling

TYPICAL BEHAVIOURS 20-36 MONTHS	OPPORTUNITIES / RESOURCES FOR CHILDREN TO DEVELOP THIS IN OUR OUTDOOR SPACE
<ul style="list-style-type: none">• Walking upstairs and downstairs (may need to hold a hand / go backwards)• Mounts steps, using alternate feet• Carries objects up and downstairs	
<ul style="list-style-type: none">• Makes marks and making the connection between body movements and marks• Use of tripod grip• Initiates drawing of simple shapes	
<ul style="list-style-type: none">• Balancing blocks or other objects to make towers	

TYPICAL BEHAVIOURS 20-36 MONTHS	OPPORTUNITIES / RESOURCES FOR CHILDREN TO DEVELOP THIS IN OUR OUTDOOR SPACE
<ul style="list-style-type: none"> Running safely and skilfully on whole foot, adjusting speed and direction Moves freely and with pleasure in a range of ways (e.g. shuffling, skipping, sliding, rolling) 	
<ul style="list-style-type: none"> Squats steadily; rises without using hands Pulling up on stable objects 	
<ul style="list-style-type: none"> Climbs confidently 	
<ul style="list-style-type: none"> Kicks a large ball Can catch a large ball Can stand on one foot for a short time 	
<ul style="list-style-type: none"> Shows control in holding and using jugs, hammers, books and mark making tools 	

